***Welcome to the Myokinesthetic System with Laura!***

The Myokinesthetic System is a technique that uses postural assessment to identify which nerve root is the core problem. It then combines movement and stimulation along only the muscles affected by that nerve root. This encourages the brain to realign that neural pathway, which alleviates the consequent symptoms. It causes a reverse ripple effect for that nerve and everything in its path. Traditional massage stimulates all 16 nerve roots. The Myokinesthetic protocols focus on only one; therefore it is 16 times more specific than traditional massage. The Myokinesthetic System is best suited for athletes and clients with chronic pain or injuries. It is extremely effective in preventing injury or further damage. It is safe to use with any condition, and can be used on persons of all ages.

Individual Treatment Options:

Introductory 2 treatments= $80

Typical treatment of 1 nerve root= $45

Treatment of 2 nerve roots in 1 session= $80

Assessment Only= $15

\*Each treatment begins with a posture assessment to discover which nerve root(s) needs treatment.

Package Options:

Package purchased worth 3 hours of massage, or up to 6 MYK treatments= $215

Package purchased worth 3 MYK treatments= $120

\*With package prices: if 2 nerve roots are treated in 1 session, then it is charged as 2 separate treatments from the package.

Missed Appointment fee:

1st time missing appointment= $25

2nd time missing appointment= $80

**\*\* Each treatment takes between 10 and 30 minutes. Pricing for this treatment is based on assessed protocol needed, not length of session.**

Sincerely,

Dr. Drew Rubin

Laura Scheer, CLMT

I have read the above statements, understand, and agree to the fees explained:

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Name Date

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Signature